



Paramount Sports Complex
21 Landings Drive
Annville, PA 17003

(717) 838-0330

www.paramountsportscomplex.com

**FITNESS RELEASE AND WAIVER OF LIABILITY
ASSUMPTION OF FULL RESPONSIBILITY FOR ALL RISKS OF
BODILY INJURY, DEATH OR PROPERTY DAMAGE
AND INDEMNITY AGREEMENT**

In agreeing to participate in recreation and fitness activities at Paramount Sports Complex, Inc., I agree as follows:

I fully understand and acknowledge that recreational and fitness activities have (a) inherent risks, dangers, and hazards and such exists in my use of any equipment and my participation in these activities; (b) my participation in such activities and/or use of such equipment may result in injury or illness including, but not limited to bodily injury, disease, strains, fractures, partial and/or total paralysis, death or other ailments that, could cause serious disability; (c) these risks and dangers may be caused by the negligence of the representatives, employees, or volunteers of Paramount Sports Complex, Inc., the negligence of the participants, the negligence of others, accidents, breaches of contract, or other causes; (d) by my participation in these activities and for use of equipment, I hereby assume all risks and dangers and all responsibility for any losses and/or damages whether caused in whole or in part by the negligence or the conduct of the representatives, employees, or volunteers of Paramount Sports Complex, Inc., or by any other person.

I, on behalf of myself, my personal representatives and my heirs, hereby voluntarily agree to release, waive, discharge, hold harmless, defend, and indemnify Paramount Sports Complex, Inc., and its representatives, employees, and volunteers from any and all claims, actions or losses for bodily injury, property damage, wrongful death, loss of services or otherwise which may arise out of my use of any equipment or participation in these activities. I specifically understand that I am releasing, discharging, and waiving any claims or actions that I may have presently or in the future for the negligent acts or other conduct by the representatives, employees, and volunteers of Paramount Sports Complex.

We take pictures of our facility throughout the year to update our website. Please note that by signing this waiver, you are giving permission for your or your children's pictures to appear on our website, should that occur.

I HAVE READ THE ABOVE WAIVER AND RELEASE AND BY SIGNING IT AGREE. IT IS MY INTENTION TO EXEMPT AND RELIEVE PARAMOUNT SPORTS COMPLEX, INC. FROM LIABILITY FOR PERSONAL INJURY, PROPERTY DAMAGE OR WRONGFUL DEATH CAUSED BY NEGLIGENCE OR ANY OTHER CAUSE.

Signature of Participant: _____ Date: _____

Print Name: _____

PARENT'S OR GUARDIAN'S ADDITIONAL INDEMNIFICATION (Must be completed for participants under the age of 18)

In consideration of _____ (print minor's name)("Minor") being permitted by Paramount Sports Complex, Inc., to participate in its activities and to use its equipment and facilities, I further agree to indemnify and hold harmless Paramount Sports Complex, Inc., from any and all Claims which are brought by, on behalf of Minor, and which are in any way connected with such use of participation by Minor.

Parent or Guardian: _____ Date: _____

Print Name: _____